



Iowa Department of Human Services

Terry E. Branstad
Governor

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Director

INFORMATIONAL LETTER NO.1106

DATE: March 8, 2012

TO: Iowa Medicaid Physicians, Rural Health Clinics, Federally Qualified Health Centers (FQHCs) and Advanced Registered Nurse Practitioners

ISSUED BY: Iowa Department of Human Services, Iowa Medicaid Enterprise (IME)

RE: Iowa Medicaid Disease Management Healthy Iowans Initiative

EFFECTIVE: Immediately

This is an informational letter to introduce the Iowa Medicaid Disease Management Program's partnership with the Healthy Iowans Initiative. The purpose of this partnership is to focus on improving health outcomes for your chronic disease patients with diabetes and asthma who participate in the Iowa Disease Management Program. The goal for improving health outcomes can be accomplished through adherence to recommended guidelines involving regularly scheduled testing for diabetics and appropriately prescribed medications for asthmatics. Quality metrics are currently in place to monitor the outcomes of these objectives and the goal is to improve these statistics by three percent annually. The following nationally recognized guidelines will be monitored:

Diabetes:	
Increase Use of HbA1c Testing:	<ul style="list-style-type: none">Percent of members 18-75 years of age with diabetes who had at least one HbA1c test in the measurement year
Increase Use of Lipid Screening	<ul style="list-style-type: none">Percent of members 18-75 years of age with diabetes who had at least one Lipid Screening (LDL-C) test performed during the measurement year
Asthma:	
Increase Use of Appropriate Controller Medication	<ul style="list-style-type: none">Percent of members 5-50 who were identified as having persistent asthma and who were appropriately prescribed medication during the measurement year

The Iowa Disease Management Program seeks to help keep participating Medicaid patients healthy in order to improve their quality of life as well as reduce costly complications that can occur with chronic disease. Our program supports the treatment standards and assists in supplementing health education.

Should you have any questions, or if you would like to refer a member to our Disease Management Program, please contact the IME Member Services Unit at:

- **1-515-256-4606 (in the Des Moines area)**
- **1-800-338-8366 (outside of the Des Moines area)**
- **1-515-256-4626 (fax)**